



September 29, 2008

Dear Parents:

With the recent adoption of the Pennsylvania Department of Education Nutrition Standards, classroom parties and celebrations are changing in schools throughout the state. The new nutrition standards require that fewer, up to three, high-sugar foods be served at classroom parties (such as cupcakes). In addition, classroom parties must have fruits and vegetables and healthy drinks like water, milk or 100% fruit juice.

Metz & Associates is proud to offer our Nutritious Party menu to parents, teachers and students. Our Nutritious Party menu was created several years ago to help parents and teachers offer healthier classroom parties for students.

Our Nutritious Party menu is competitively priced and offers a wide selection of choices, from our "Fruitabulous Party" offering fresh fruits served with low-fat yogurt dip, to our Pretzel Party offering fresh soft pretzels with mustard and cheddar cheese dipping sauce.

Please find enclosed with this letter a Metz & Associates Nutritious Party menu, along with the ordering information and our contact information.

Please feel free to call me with any questions, or to place an order.

Sincerely,

Jaime Barnard
Southern Fulton School District
Foodservice Director
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